

Scientia Academy Packed Lunch Menu

Week 1, 2 & 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Choice One	Chicken and Sweetcorn wrap	Laughing cow Cheese and Cucumber Sandwich	Chicken Mayo Baguette	Tuna Mayo Baguette	Tuna Sweetcorn Wrap
Choice Two	Cheese Sandwich	Egg Mayo Wrap	Cheese and marmite Sandwich	Egg Mayonnaise Baguette	Cream cheese and cucumber Baguette
Vegetables	Cucumber Sticks	Carrot Sticks	Cherry Tomatoes	Cucumber Sticks	Carrot Sticks
Fruit	Banana or Easy Peel Orange				
Snack	Cooks Choice Traybake Plain Shortbread Biscuit	Cooks Choice Traybake Original Flapjack	Cooks Choice Traybake Plain Shortbread Biscuit	Cooks Choice Traybake Original Flapjack	Cooks Choice Traybake Plain Shortbread Biscuit
Drink	Bottle of Water or a Juice Shot				

