

# WEEK 1 MENU

W/C: 09/05 30/05 20/06 11/07

SPRING/SUMMER 2022

	HOT SPECIALS...	DAILY FAVES...	SIDES...	PACKED LUNCH...	JACKET POTATOES...	PICK A PUD!	
MONDAY	<p><b>Veggie Burrito (V)</b> A soft wrap filled with lightly spiced veggies and rice</p>	<p><b>Macaroni Cheese (V)</b> Traditional Mac 'N' Cheese, delicious macaroni in a creamy cheese sauce</p>	<p><b>Tomato Pasta (V)</b> Fresh, homemade tomato and basil sauce with penne pasta</p>	<p><b>Green Beans and Sweetcorn</b></p>	<p><b>Packed Lunch</b> See below for details</p>	<p><b>Jacket Potatoes</b> A choice of hot and cold fillings</p>	<p><b>Raspberry Ripple Ice Cream with Fresh Cut Fruit Slices</b></p>
TUESDAY	<p><b>Allegra's BBQ Chicken Burger, Corn and Pineapple Relish with Potato Wedges</b> BBQ chicken breast burger with zingy corn relish</p>	<p><b>Allegra's Broccoli And Cauliflower Cheese Pie with Mashed Potato (V)</b> Cheesy broccoli and cauliflower with a shortcrust topping</p>	<p><b>Tomato Pasta (V)</b> Fresh, homemade tomato and basil sauce with penne pasta</p>	<p><b>Peas and Broccoli</b></p>	<p><b>Packed Lunch</b> See below for details</p>	<p><b>Jacket Potatoes</b> A choice of hot and cold fillings</p>	<p><b>Secret Brownie with Fresh Cut Fruit Slices</b></p>
WEDNESDAY	<p><b>Roast Chicken with Roast Potatoes &amp; Gravy</b> Succulent roast chicken with fluffy roasties and tasty gravy</p>	<p><b>Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy (V)</b> A chunky sweet potato and chickpea roast</p>	<p><b>Tomato Pasta (V)</b> Fresh, homemade tomato and basil sauce with penne pasta</p>	<p><b>Carrots and Cabbage</b></p>	<p><b>Packed Lunch</b> See below for details</p>	<p><b>Jacket Potatoes</b> A choice of hot and cold fillings</p>	<p><b>Shortbread Biscuit with Fresh Cut Fruit Slices</b></p>
THURSDAY	<p><b>Beef Bolognese</b> A classic Italian beef bolognese in a yummy tomato sauce</p>	<p><b>Butternut Squash and Tomato Bake with Rice (V)</b> A delicious butternut squash and tomato bake served with rice</p>	<p><b>Tomato Pasta (V)</b> Fresh, homemade tomato and basil sauce with penne pasta</p>	<p><b>Broccoli and Sweetcorn</b></p>	<p><b>Packed Lunch</b> See below for details</p>	<p><b>Jacket Potatoes</b> A choice of hot and cold fillings</p>	<p><b>Berry &amp; Peach Oaty Crumble with Custard</b></p>
FRIDAY	<p><b>Golden Fish Fingers and Chips</b> Crispy fish fingers with scrummy chips</p>	<p><b>Quorn Nuggets and Chips (V)</b> Crispy Quorn nuggets with their fave sauce - ketchup</p>	<p><b>Tomato Pasta (V)</b> Fresh, homemade tomato and basil sauce with penne pasta</p>	<p><b>Baked Beans, Carrots and Peas</b></p>	<p><b>Packed Lunch</b> See below for details</p>	<p><b>Jacket Potatoes</b> A choice of hot and cold fillings</p>	<p><b>Orange, Sultana and Carrot Slice with Fresh Cut Fruit Slices</b></p>

**PACKED LUNCH - AVAILABLE DAILY**

CHEESE OR DAILY SPECIAL WITH VEG STICKS AND FRESH FRUIT OR BEAR YOYO OR DESSERT OF THE DAY

**AVAILABLE EVERY DAY**

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

# WEEK 2 MENU

W/C: 25/04 16/05 06/06 27/06  
18/07

SPRING/SUMMER 2022

	HOT SPECIALS...	DAILY FAVES...	SIDES...	PACKED LUNCH...	JACKET POTATOES...	PICK A PUD!
MONDAY	<b>Veggie Bolognese (V)</b> Yummy veggie Bolognese with pasta	<b>Cheese and Tomato Pizza (V)</b> Cheesy tomato topped pizza slice	<b>Tomato Pasta (V)</b> Fresh, homemade tomato and basil sauce with penne pasta	<b>Carrots and Sweetcorn</b>	<b>Packed Lunch</b> See below for details	<b>Jacket Potatoes</b> A choice of hot and cold fillings  <b>Flapjack with Fresh Cut Fruit Slices</b>
TUESDAY	<b>Allegra's Asian Sticky Noodles</b> Chicken and vegetables in sweet sauce with noodle	<b>Allegra's BBQ Beans with Allegra's Cornbread</b> Tasty BBQ beans served with cornbread	<b>Tomato Pasta (V)</b> Fresh, homemade tomato and basil sauce with penne pasta	<b>Broccoli and Peas</b>	<b>Packed Lunch</b> See below for details	<b>Jacket Potatoes</b> A choice of hot and cold fillings  <b>Peach Shortbread Pudding with Custard</b>
WEDNESDAY	<b>Roast Turkey with Roast Potatoes &amp; Gravy</b> Roast turkey with fluffy roasties and tasty gravy	<b>Quorn Roast with Roast Potatoes and Gravy (V)</b> Delicious Quorn roast with fluffy roasties and tasty and gravy	<b>Tomato Pasta (V)</b> Fresh, homemade tomato and basil sauce with penne pasta	<b>Cabbage and Carrots</b>	<b>Packed Lunch</b> See below for details	<b>Jacket Potatoes</b> A choice of hot and cold fillings  <b>Raspberry Yoghurt Cake with Fresh Cut Fruit Slices</b>
THURSDAY	<b>Cottage Pie</b> Home cooked minced beef with a crispy potato topping	<b>Mild Chickpea and Potato Curry with Rice (V)</b> Tasty chickpea and potato curry served with rice	<b>Tomato Pasta (V)</b> Fresh, homemade tomato and basil sauce with penne pasta	<b>Green Beans and Sweetcorn</b>	<b>Packed Lunch</b> See below for details	<b>Jacket Potatoes</b> A choice of hot and cold fillings  <b>Fruity Chocolate Brownie with Fresh Cut Fruit Slices</b>
FRIDAY	<b>Golden Fish Fingers and Chips</b> Crispy fish fingers with scrummy chips	<b>The Incredible Burger served with Chips (V)</b> Meatless burger in a soft bap with ketchup	<b>Tomato Pasta (V)</b> Fresh, homemade tomato and basil sauce with penne pasta	<b>Baked Beans, Carrots and Peas</b>	<b>Packed Lunch</b> See below for details	<b>Jacket Potatoes</b> A choice of hot and cold fillings  <b>Vanilla Ice Cream with Fresh Cut Fruit Slices</b>

**PACKED LUNCH - AVAILABLE DAILY**

CHEESE OR DAILY SPECIAL WITH VEG STICKS AND FRESH FRUIT OR BEAR YOYO OR DESSERT OF THE DAY

**AVAILABLE EVERY DAY**

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

# WEEK 3 MENU

W/C: 02/05 23/05 13/06 04/07

SPRING/SUMMER 2022

	HOT SPECIALS...	DAILY FAVES...	SIDES...	PACKED LUNCH...	JACKET POTATOES...	PICK A PUD!
MONDAY	<p><b>Macaroni Cheese (V)</b> Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce</p> <p><b>Vegetarian Sausage with Mashed Potato and Gravy (V)</b> Veggie sausage and mash with rich gravy</p>	<p><b>Tomato Pasta (V)</b> Fresh, homemade tomato and basil sauce with penne pasta</p>	<p><b>Peas and Carrots</b></p>	<p><b>Packed Lunch</b> See below for details</p>	<p><b>Jacket Potatoes</b> A choice of hot and cold fillings</p>	<p><b>Oaty Biscuit with Fresh Cut Fruit Slices</b></p>
TUESDAY	<p><b>Allegra's Chilli Con Chicken and Sweet Potato Bake</b> Baked wedges of sweet potato, topped with tomato chicken &amp; tortilla crunchies</p> <p><b>Allegra's Cheesy Peasy Risotto Bake (V)</b> A delicious baked cheesy, pea risotto</p>	<p><b>Tomato Pasta (V)</b> Fresh, homemade tomato and basil sauce with penne pasta</p>	<p><b>Sweetcorn and Broccoli</b></p>	<p><b>Packed Lunch</b> See below for details</p>	<p><b>Jacket Potatoes</b> A choice of hot and cold fillings</p>	<p><b>Apple and Carrot Yoghurt Muffin</b></p>
WEDNESDAY	<p><b>Roast Chicken with Roast Potatoes &amp; Gravy</b> Succulent roast chicken with fluffy roasties and tasty gravy</p> <p><b>Quorn Roast with Roast Potatoes and Gravy (V)</b> Delicious Quorn roast with fluffy roasties and tasty</p>	<p><b>Tomato Pasta (V)</b> Fresh, homemade tomato and basil sauce with penne pasta</p>	<p><b>Carrots and Cabbage</b></p>	<p><b>Packed Lunch</b> See below for details</p>	<p><b>Jacket Potatoes</b> A choice of hot and cold fillings</p>	<p><b>Strawberry Ice Cream with Fresh Cut Fruit Slices</b></p>
THURSDAY	<p><b>Beef Burrito</b> A soft wrap filled with lightly spiced beef and rice</p> <p><b>Veggie Lasagne served with a Bread Wedge (V)</b> Delicious sheets of pasta layered with veggies and tomato sauce</p>	<p><b>Tomato Pasta (V)</b> Fresh, homemade tomato and basil sauce with penne pasta</p>	<p><b>Green Beans and Sweetcorn</b></p>	<p><b>Packed Lunch</b> See below for details</p>	<p><b>Jacket Potatoes</b> A choice of hot and cold fillings</p>	<p><b>Chocolate Sponge Cake with Fresh Cut Fruit Slices</b></p>
FRIDAY	<p><b>Golden Fish Fingers and Chips</b> Crispy fish fingers with scrummy chips</p> <p><b>Veggie Soft Taco and Chips (V)</b> A soft taco shell filled with a yummy veggie tomato chilli</p>	<p><b>Tomato Pasta (V)</b> Fresh, homemade tomato and basil sauce with penne pasta</p>	<p><b>Baked Beans, Carrots and Peas</b></p>	<p><b>Packed Lunch</b> See below for details</p>	<p><b>Jacket Potatoes</b> A choice of hot and cold fillings</p>	<p><b>Banana and Apricot Flapjack with Fresh Cut Fruit Slices</b></p>

## PACKED LUNCH - AVAILABLE DAILY

CHEESE OR DAILY SPECIAL WITH VEG STICKS AND FRESH FRUIT OR BEAR YOYO OR DESSERT OF THE DAY

## AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT